

## Butler Springs Christian Assembly, Mt. Bike Camp Week, June 11-15, '23

Join us for 5 days of studying God's Word while enjoying His creation via Mt. Bike. Nearby Off-Road trails will provide challenging hills and other obstacles to learn new riding skills or further develop existing ones. Trails are easily accessible from the camp, only a short ride or short drive away. Bicycle safety, riding skills, tire pressures, weight distribution, and maintenance topics will be addressed. In addition to Mt. Biking, campers are able to enjoy camp-favorite activities, such as zip line, swimming pool, climbing wall, human fuss ball, and more.

Mt Bike camp targets 6<sup>th</sup>-12<sup>th</sup> grade boys and girls who enjoy off-road Mt. Biking or desire to get involved in the sport. Helmets are required and must be worn at all times when riding. Protective gloves, padded riding shorts, and bike cleaning supplies may also enhance the riding experience. Campers are expected to clean and inspect their own bikes before arriving at camp. Local bike shops can provide tune-ups for a nominal fee. **Arriving with a properly functioning bike will amplify a positive camp experience.** Remaining maintenance issues and/or a non-functional bike carries the likelihood of seriously detracting from camper-enjoyment! One of my goals is to support cycling advocacy by teaching campers how to perform tune-ups and maintenance, so if there are any lingering bike issues, we will attempt to address them together. If you have any questions about camp, Mt. Biking, or how to establish or strengthen your relationship with Jesus, feel free to contact Joe Etienne at (937) 801-8167. I look forward to meeting, studying and learning together, and riding with this year's participants during Mt. Bike Camp week.

For the Safety of riders and all camp attendees, riders will not be permitted to ride around by themselves. We will ride together as a group to destinations.

### Joe Etienne Bio:

I taught adult SS ('14- '21) and served on the leadership team ('16- '21) at the Sardinia Church of Christ. I currently teach SS teens on rotation, lead an adult small group on Wednesday nights, and serve on the leadership team at the Pricetown Church of Christ. For the last ten years I have been blessed to participate in a *Ride by Faith* wherein ministers of God's Word and other faith-based men have ridden together for 5-days. Last year, we rode the Katy Trail 240 miles across Missouri while enjoying daily devotions with each other. I was involved with (7) previous bike weeks at camp, including the fifth Mt. Bike camp last year riding local trails from camp and including an off-site, paved bike path our campers enjoyed.

I have ridden bicycles since the age of 3, but started taking the sport seriously in '97. I competed in off-road Mt. Bike racing frequently from '99-02, continuing participation in a few select events up through present day. While racing, I used road biking to develop/maintain cardiovascular fitness. Although I prefer Mt. Biking, a vast majority of my logged miles come from road biking, as pavement dries more quickly than dirt – especially in the shaded forest. I currently maintain several bikes within our family and occasionally wrench on bikes owned by friends while continuing to enjoy the sport.